

PROFILE

Sergio Cabigiosu

Year of birth: 1973

Nationality: Italian

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Key activities

- Team & leadership development
- Workshop facilitation
- People development
- Experiential Learning
- Blended Learning
- Executive and Business Coaching
- Role Model of Resilience
-Professional Father

Employment history

- Senior Consultant DEX Training & Consulting GmbH
- Trainer and Coach self-employed, Italy
- Associations Co-ordinator, FederlegnoArredo Confindustria, Milano - Italy
- Training Manager, Trend SpA, Vicenza - Italy
- Training Manager Europe, Jacuzzi SpA, Italy Europe
- Platoon Commander and training officer, Alpine Corps, Italian Army

Certificates

- Practitioner NLP – In2Motivation – The Netherlands
- LIFE Breakthrough – Leadership Initiative for Excellence – CIMBA Italy
- ACSTH - Approved Coach Specific Training Hours – EEC ICF
- Master's Degree in Training Management – University of Verona - Italy
- Law degree – University of Turin - Italy



References
(extract)

- Design and training of a 2 years leadership program for young managers
- Trainer and facilitator of low ropes activities within an MBA of a business school
- Promoter, designer, manager, trainer and coach of Lean Office Program for a labor organization
- Promoter, organizer and part of the yearly European Experiential Educators Europe conference
- Responsible for Italy for the delivery of worldwide program on Safety Leadership for a multinational pharma company
- Partner of multiple learning and development managers of corporations to develop training programs with the experiential learning approach
- External Member of a board of directors of a non-profit cooperative, Italy

Working with
hierarchy
levels

- Executives, Boards
- Top Management
- Middle Management
- Junior High Potentials

Working
languages

- Italian
- English
- German

Experience

- Italy
- International: Europe, worldwide